



Destrehan High School  
Home of the  
Fighting Wildcats

### Important Dates:

**Mardi Gras  
Vacation: 2/12-16**

**ACT Bubbling:  
2/28  
(Extended Advisory)**

### Mission Statement:

*Our mission at  
Destrehan High  
School is to  
provide a nurturing  
community of teach-  
ing and learning in  
which all students  
will continuously  
improve to  
become  
responsible,  
contributing  
members of  
society.*

# Friends of DHS

VOLUME 24, NUMBER 2

FEBRUARY 2023

## Greetings from Mr. Madere:

Dear Fighting Wild-  
cat Families,

Fighting Wildcat Par-  
ents, here is some infor-  
mation about upcoming  
events as we move  
through February:

With our auditorium  
once again open and  
available for perfor-  
mances, we are excited  
to once again have our  
Black History Program  
on February 23. This  
has traditionally been a  
high point of the school  
year, and with pandem-  
ic and hurricane dam-  
age behind us, we are  
thrilled to have this op-  
portunity for our stu-  
dents to showcase their  
talents. See elsewhere  
in this newsletter for  
other activities that stu-  
dents can participate in  
this month.

On Tuesday, March 12,  
sophomores will take  
the Pre-ACT, and junior  
and some seniors will  
take the ACT. To help  
students prepare for  
these critical tests, we  
are offering ACT tutor-  
ing sessions through  
TLC. Students can sign  
up through the TLC  
Classroom.

Finally, February 26—  
March 1 is National Pub-  
lic School Week. We  
will host Open Houses  
and other opportunities  
for the community to see  
the best high school in  
the state.

We thank you for  
your support and contin-  
ued patience. If you have  
any questions or concerns  
please call me at (985)764-  
9946 or email me at jma-  
dere4@stcharles.k12.la.us

Remember that at DHS,  
we always strive to help  
students “Make Their  
Mark.” How will you  
make yours?

Sincerely,

Jason Madere  
Principal  
Destrehan High School

**ROARS Expectations**

At DHS, we are proud to say that  
although our students come and  
go, tradition never graduates.  
One of our enduring traditions is  
our ROARS Expectations. These  
are the values we want all mem-  
bers of the Destrehan High School  
family to emulate.

**Respect Everyone.**

Optimize Learning

**Attendance and Timeliness are  
Essential**

Responsibility - Be Prepared Eve-  
ry Day.

Success - Dress for it!

Meet these expectations, and soon  
you will be a proud graduate of  
Destrehan High School.



### COMMUNICATION CORNER:

Follow us on Twitter/X: [@DHSWildcats](https://twitter.com/DHSWildcats)

See our **website**: [www.stcharles.k12.la.us/destrehan](http://www.stcharles.k12.la.us/destrehan). Click “View All” to  
avoid missing anything.

Visit **PowerSchools** to keep up with your students’ school work. You can  
also view the Daily Bulletin there.

Check out the school’s **Google Classrooms**. Ask teachers to invite you as a  
guardian for class updates.

Check in with your children; they belong to **Grade-Level Classrooms** that  
provide useful information throughout the year.

# Counselor News:

I know it's hard to believe, but graduation is just around the corner. May 16<sup>th</sup> will be here before we know it!

There is still much to do this semester. If your child has not applied to a post-secondary school (college, technical college, trade school, etc), he/she is encouraged to do so now. If he/she plans to apply for financial aid, he/she must be accepted by the college or school before he/she will be considered for financial aid.

If your child is applying for financial aid and/or the TOPS scholarship, you will need to complete the FAFSA (Free Application for Federal Student Aid). The FAFSA is found online at [www.fafsa.gov](http://www.fafsa.gov). Both you and your child must get a FAFSA ID to use as a signature for the FAFSA. You can get it at [www.fafsa.gov](http://www.fafsa.gov) and click on FAFSAID on the top of the page. Remember that completing the FAFSA is a state requirement for graduation.

Seniors and parents are encouraged to read the senior bulletin and google classroom. There are several local scholarships that will be available in the spring semester and will be advertised in the senior bulletin.

The St. Charles Parish School System is seeking **Staff Achievement Award** nominees. One staff member from eight categories will be selected for recognition at the Staff Achievement Awards ceremony in April. The deadline to submit a nomination is **Monday, March 25, 2024**. Nomination forms and categories are on the district website under Public Information.

## Scholarships

It is never too early to start looking for scholarship opportunities! Juniors can visit their grade-level Google Classrooms to see listings and to determine eligibility. If eligible, students should go to the scholarship website to apply online or to the Counselors Suite for an application, as directed. Make sure that you meet all criteria before applying

Additional websites that list scholarships for students include:

[www.fastweb.com](http://www.fastweb.com)  
[www.freschinfo.com](http://www.freschinfo.com)  
[www.fastaid.com](http://www.fastaid.com)  
[www.scholarships.com](http://www.scholarships.com)

## Campus Visits

Juniors and seniors are given excused days to visit colleges; juniors can receive one excused day, and seniors can receive two.

To receive the excused day, students must make an appointment with the college's admissions office, then pick up a college visitation form from the Counselors Suite and return it with a parent's signature three days in advance.

A parent must attend with the student (this will be verified) and an official from the college visited must also verify the trip.



**Visit our teacher web pages!!**  
[www.stcharles.k12.la.us/destrehan](http://www.stcharles.k12.la.us/destrehan)

Greetings Sophomores and Parents,

The spring semester is a great time to review your goals and get refocused. What do you want to accomplish this semester?

I want to suggest taking good care of yourself, and begin by working on your sleep. More and more research suggests sleep is very important to your learning and health.

The Harvard Women's Health Watch suggests six reasons to get enough sleep:

~Learning and memory: Sleep helps the brain commit new information to memory through a process called memory consolidation. In studies, people who'd slept after learning a task did better on tests later.

~Metabolism and weight: Chronic sleep deprivation may cause weight gain by affecting the way our bodies process and store carbohydrates, and by altering levels of hormones that affect our appetite.

~Safety: Sleep debt contributes to a greater tendency to fall asleep during the daytime. These lapses may cause falls and mistakes such as medical errors, air traffic mishaps, and road accidents.

~Mood: Sleep loss may result in irritability, impatience, inability to concentrate, and moodiness. Too little sleep can also leave you too tired to do the things you like to do.

~Cardiovascular health: Serious sleep disorders have been linked to hypertension, increased stress hormone levels, and irregular heartbeat.

~Disease: Sleep deprivation alters immune function, including the activity of the body's killer cells. Keeping up with sleep may also help fight cancer.

On another note: Sophomores with World Geography and Business English will be sitting with their counselor to create their Individual Graduation Plan (IGP). You will be asked to review the plan, sign it, and return it to school. Keep up with your child's grades via PowerSchool. Remember: you are your child's most powerful influence. If you need your PowerSchool log in, drop by the office and pick it up.

If you have any questions or concerns about your child call the counseling office at 985-764-9872. Let us support you.

## Black History Month

DESTREHAN HIGH SCHOOL BLACK HISTORY MONTH

# ACTIVITIES

FEBRUARY 2024 

FEB  
9

**PAINT-N-SIP** @ BOTH LUNCHES IN ALUMNI  
HALL. REGISTER WITH QR CODE



FEB  
23

**ANNUAL BLACK HISTORY PROGRAM**

FEB  
28

**"FOR THE CULTURE"**  
**KARAOKE** @ BOTH LUNCHES IN THE COMMONS  
REGISTER WITH QR CODE



## Destrehan High School

Newsletter Editor—Bill Plasse  
wplasse@stcharles.k12.la.us



## *Need to contact us?*

*By Phone: 985-764-9946*  
*Website: [www.stcharles.k12.la.us/destrehan](http://www.stcharles.k12.la.us/destrehan)*

**Jason Madere, Principal**  
**Laura Abbey, Asst. Principal**  
**Jessica Glass, Asst. Principal**  
**Frank Harding, Asst. Principal**  
**Kurt Menyweather, Admin. Monitor**

## Important Dates - February 2024

**February 11-12: ACT Info (Extended 1st Block)**

**February 12 – 16: Mardi Gras Holiday**

**February 23: Black History Month Program**

**February 28: ACT Bubbling**

Destrehan High School  
#1 Wildcat Lane  
Destrehan, LA 70047

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### Equal Opportunity Statement

In compliance with Title VI, Title IX and Section 504 of the Rehabilitation Act of 1973, this Educational Agency holds the following policy:

This is an equal opportunity school and is dedicated to a policy of non-discrimination in employment or training. Qualified students, applicants or employees will not be excluded from any course or activity because of age, race, creed, color, sex, religion, national origin or qualified handicap. All students have equal rights to counseling and training.



### ASBESTOS NOTICE

**Notice:** In 1986 all asbestos materials were identified in all school buildings. A management plan was developed for each school as per the Asbestos Hazard Emergency Response Act (AHERA). The management plan is located in a binder in the main office of each school. The binders are available for review upon request.

Since the plan was developed, most of the asbestos has been removed. In a few buildings, some floor tile still remains that contains asbestos. All of the schools meet the health requirements that pertain to the regulation. If you have any questions concerning this topic, please contact Kevin Barney, Director of Physical Plant Maintenance at 985-331-3600 between the hours of 7:00 a.m. and 4:00 p.m.